



## A MESSAGE FROM TAMI



**COVID continues to surround our lives and while we were hoping for a reprieve, there seems to be a new surge around every corner. We will continue to “get together” over Zoom with all of you the first Tuesday night at 7pm throughout 2021. Let us know if you would to join in and share what is happening in your world!**

**Our virtual efforts to bring our community together with the same high-quality programming and events as before will continue. We continue to miss in person events and fervently hope that this soon changes. Seeing each other in person keeps us recharged and energized. It is our hope that the Zoom meetings provide solace in a time when loneliness is intense. We are looking forward to the end of isolation in 2022.**

**Remember, your donations make deLIVERing Hope possible. Please consider making a recurring monthly donation. Just \$10.00 will provide a Survivor Bag!**

## **SPRINGFIELD, MISSOURI ONS DINNER**

August 25, 2021 YES was pleased to share education, information, and resources about liver directed therapies, including radioembolization at the Springfield, Missouri Oncology Nursing Dinner.

It was a great educational dinner discussing the importance of a multidisciplinary team and the necessity of patient navigation when facing a diagnosis of liver tumors. The dinner was hosted by Sirtex Medical and included presentations by Heidi Sipe, Milka Ndungu, and Suzanne Lindley.





# Keep On Keepin' On Corner

By Tami Thennis

“Nothing is impossible. The word itself says I’m possible.”

- Audrey Hepburn

“Success is not final, failure is not fatal. It is the courage to continue that counts.”

- Winston Churchill

“You define your own life. Don’t let other people write your script.”

- Oprah Winfrey

“Do not let people dim your shine because they are blinded. Tell them to put some sunglasses on.”

- Laldy Gaga

“You don’t always need a plan. Sometimes you just need to breathe, trust, let go, and see what happens!”

- Mandy Hale

“Belief creates the actual fact.”

- William James”

“No matter what people tell you, words and ideas can change the world.”

- Robin Williams

“It is in our darkest moments that we must focus to see the light.”

- Aristotle

“As long as the ride rolls forward so, too, does life.”

- Suzanne Lindley

## Grand Junction, Colorado ONS Dinner

July 20, 2021 YES presented virtually to a full house of Grand Junction, Colorado Oncology Nurses. The dedicated group learned about the necessity of multidisciplinary care and patient navigation for those who are faced with a diagnosis of liver tumors. They also were informed about the services that YES provides and how many patients benefit from targeted liver therapies, such as SIR-Spheres Microspheres.

Sirtex sponsored the dinner and educated the nurses about SIR-Spheres Microspheres, how the treatment works, patient selection, side effects, reimbursement, and more. Speakers included Heidi Sipe, Kathleen Mary, and Suzanne Lindley

### Pandemic lockdown tied to worse outcomes in metastatic colorectal cancer

Screening rates for cancers fell with common tests, including mammograms for breast cancer, Pap tests for cervical cancer, PSA testing for prostate, CT scans for lung cancer and colonoscopies for colorectal cancer. Those rates have rebounded, but does the delay in screening make a difference?

A small study is one of the first to show how these delays can lead to worse outcomes. The paper, published in JAMA Network Open, compared people newly diagnosed with metastatic colorectal cancer before and after the pandemic lockdown in 2020. It found 40 people diagnosed with metastatic colorectal cancer after the lockdown had a tumor burden nearly seven times higher than 40 people diagnosed before the pandemic. For people with a higher tumor burden, their median survival decreased from 20 months to just under 15 months.





Saturday, October 2<sup>nd</sup>

Mabank Pavillion - 483 S. Easley Street, Mabank, TX 75147

Day of Event Registration - 8 - 9:30 am - \$35.00

or

Early Bird Special - Pre-Register Open until 9/20/21 - \$30.00

Event T-Shirts are included with each registration

Kickstands Up at 10:00am

## MAKING THE ROUNDS IN HOUSTON!

August 27, 2021 Suzanne Lindley

I was honored to make the rounds to several Houston area hospitals recently. I met with interventional radiology teams, accompanied by Adam Riggs, Paulina Tran, and Mark Powell. We first met with Dr. Ahmed Kamel Abdel Aal, MD, MSc, PhD, FSIR of Memorial Hermann Hospital TMC, who is most widely known simply as Dr. Kamel. He discussed the many procedures that he can provide and also humbly shared that he has now treated over 100 patients with SIR-Spheres Microspheres at Memorial Hermann alone. We started planning a patient dinner during that very meeting! Next, we met with the interventional radiology team at Baylor St. Lukes and then on to Houston Methodist Hospital where Dr. John Hancock practices. He asked for Survivor Bags and was also interested in a possible patient dinner. Last, we met with Dr. Sasi Yallampalli and Rachel, who were also very engaged in the support we can offer their patients. Dr. Yallampalli had just completed his 100<sup>th</sup> SIR-Spheres Microspheres treatment at Southeast Memorial Hospital. The rounds were energizing and I left with a renewed feeling of hope knowing that these dedicated, talented are caring for patients just like me every single day.



# NEWS TO USE



## Toll Free SURVIVOR Line:

Our toll free Survivor Line provides an outlet for patients and concerned others. It is a place to access resources, advocacy, and support regarding treatment options for cancers of the liver. You can also receive information on how to become a part of our survivor support program, "FRIENDS for the Journey."

**Call 1-877-937-7478**



We offer a unique survivor mentoring program called "FRIENDS for the Journey" that matches survivors, caregivers, family and friends who are going through a similar experience. Comparing options is a vital way to maintain a positive outlook. FRIENDS can communicate via phone, email, snail mail, or in person.



## **YES! You Can Too**

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